

## Race Day Information

**We can't wait for you to join us for the fabulous Kirkbymoorside 10K race day on Sunday 3<sup>rd</sup> May!**

Below are some final details to help your day run smoothly. We care about our beautiful planet and our beautiful part of it, and hope that you will help us to look after it by following our suggestions, where possible.

### **Your race number & timing chip**

You will need to collect your race number from the registration hall located in the Memorial Hall. Your timing chip will be attached to your race number. Registration opens at 10am and closes at 12.00 noon for the 4k, 1 mile and kids' dash races, and 1.00pm for the 10k, to allow our timing partners to be ready for the start of each race.

Please write your emergency contact and medical details on the back of your race number, then attach it to the FRONT of your top or shorts before the race start. If you have a serious medical condition, please draw a large red cross on the front of your race number. This will alert our medics that you have a condition in the event of any incident. Red marker pens will be provided in the registration hall.

If you already have safety pins, please bring some to attach you race number. Millions of safety pins are thrown away each year. We will provide safety pins for anyone who doesn't have them.

All races are timed, other than the kids' dash.

There is a bag drop available in the registration hall. This will be open from 10am – 2pm, CLOSED from 2pm – 3pm, open again from 3pm – 4pm. ALL BAGS MUST BE COLLECTED BY 4pm.

### **The races**

Our 10k event is a true community day, where the whole town turns out to support you. We have a race for everyone, from little tots to serious club runners. Bring your friends and family and make a day of it! All races have tortoises (back markers) to ensure that no one feels left behind. We can guarantee lots of support for all races.

The races are:

- Kids' dash, for school years 2 and under (no younger limit) – children can run solo or accompanied
- 1 mile, for school years 3 to 6 (younger children are permitted to enter but must be able to run unaccompanied)
- 4K, for adults and school years 7 and upwards
- 10k, for aged 15 plus

To enter family and friends in these events, head to:

<https://kirkbymoorside10k.com/>

Entries can also be taken on race day subject to an additional fee, at the Memorial Hall, provided the races are not already full (entries to the kids' dash are ONLY taken on the day, and cannot be booked in advance).

### **The 10k race**

The 10k race will be led by our official race car with the race clock on top, and there will be a sweeper car at the back. If you are unable to finish the race, please wait for the sweeper car to collect you. If you withdraw from the race and make your own way back, please let a race official at the start/finish know that you have withdrawn. THERE IS A CUT OFF TIME OF 1 HOUR AND 45 MINS.

At the finish line you will find a water station, where you will be provided with a drink in your own famous Kirkbymoorside 10K 2026 mug!

You will also receive an amazing goody bag with some treats inside. Everything in your goody bag, including the bag itself, has been provided for free by our fabulous sponsors, who love the day as much as we do!

### **The 4k race**

The 4k race will be led by a hare on a bike (from Ryedale Velo Club). We will also have a tortoise at the back, so no one need worry about being left behind or running on their own. THERE IS A CUT OFF TIME OF 45 MINS.

### **The 1 mile race**

The 1 mile race will also be led by another hare, with a tortoise runner at the back, and there are marshals around the course to make sure that none of the kids go off route. There is a small off-road section in this route, which could be muddy if it has rained a lot before the race. Our friendly marshals will tell the kids as they are approaching this.

## The kids' dash

The kids' dash is a sprint (or toddle) up the main street and back, in front of all the adoring fans! It will be led by a hare (actually, Mr Fox) and there will be tortoises at the back, encouraging the littlest ones on. Kids in the dash can be accompanied by a parent or helper, so there will be plenty of supporters.

## Prize-giving

Prizes for **all races** will be awarded at our presentation, which takes place at White Swan at approximately 4pm. This will be outside in the beer garden.

Our 10K prizes and the main 4K prizes are beautiful locally hand-crafted pen pots made by Pamela Thorby Ceramics <https://www.pamelathorby.com/>

A list of all of the prizes up for grabs is at the end of this email.

## Important areas

So that you know where everything is, here is a handy little map:



## Event schedule

<b>10.00</b>	Race registration opens in Memorial Hall
<b>11.45</b>	Beadlam charity tractor run (in aid of Yorkshire Air Ambulance) and Kirkbymoorside Town Brass Band
<b>12.00</b>	Entries and registration for kids' dash, 1 mile and 4k run close
<b>12.45</b>	Kids' dash starts
<b>1.00</b>	Entries and registration for 10k closes
<b>1.00</b>	4k race starts
<b>1.05</b>	1 mile race starts
<b>2.00</b>	10k race starts
<b>4.00</b>	Prize presentations for all races takes place in White Swan (everyone welcome, regardless of whether you think you might have won a prize).

## Arriving and parking

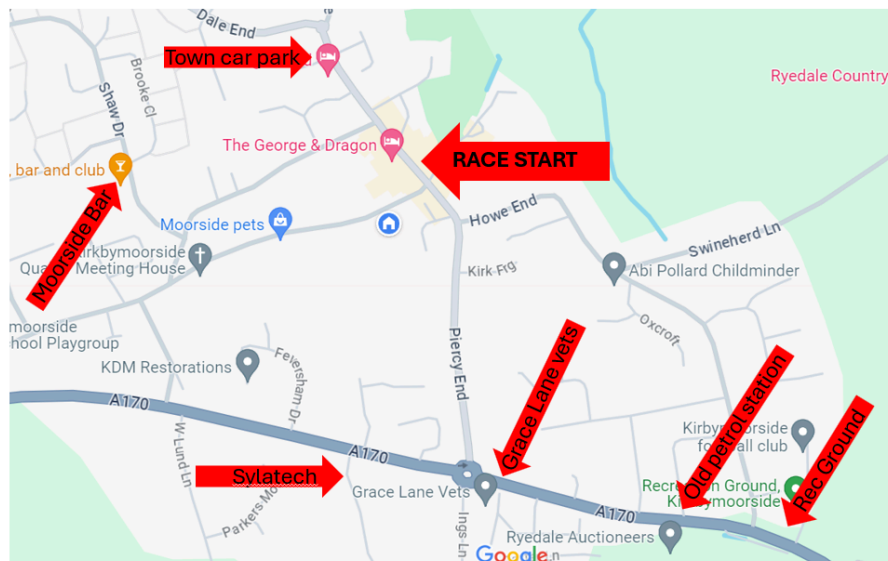
Please car share, where possible.

There are 6 car parks available for your use, shown on the map below. Please note the Town Car Park is NOT free (we requested permission for this from North Yorkshire Council but unfortunately it was not given). The other car parks have kindly been made available to us by local businesses and have a suggested donation of £2, which will go to local primary schools. Donation boxes will be on site in these car parks. Please see maps below for parking options and where NOT to park within those areas.

There will be plenty of parking spaces in these car parks, so we would be really grateful if you could please avoid parking in the town. We need to keep roads clear for the races, and residents will need to move their own cars out of the restricted areas, so they will need spaces to park them in.

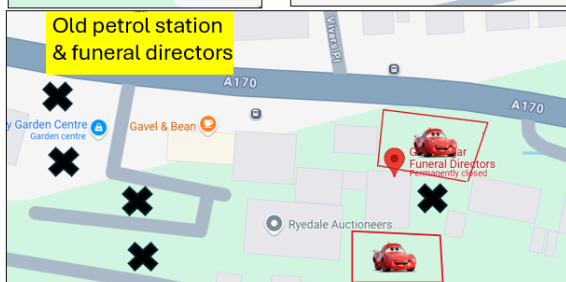
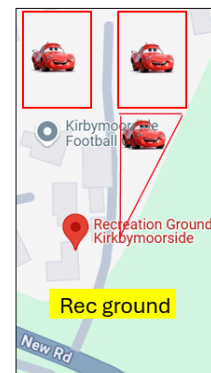
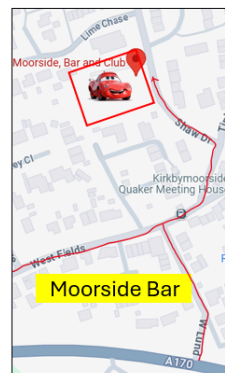
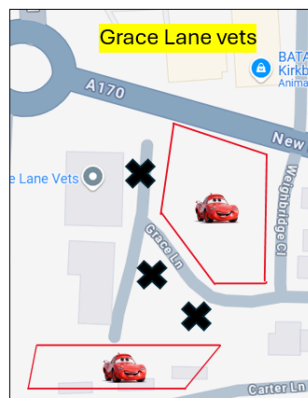
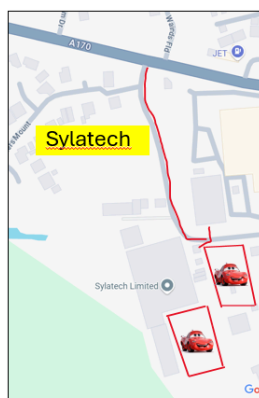
All car parks are within a 10 minute walk of the start but please do allow enough time to get there in time – runners will be assembled approximately 5-10 minutes before the start of each race.

**10K EVENT CAR PARKS** (Town car park has ticket machines. All others, suggested cash donation £2)



**Car park addresses (also see next maps):**

- Town car park, YO62 6AS
- Moorside Bar & Club, YO62 6PS
- Sylatech, YO62 6PX
- Grace Lane Vets, YO62 6FD
- Old petrol station & funeral directors, YO62 6DZ
- Kirkbymoorside Recreation Ground, YO62 6DY



PLEASE ONLY PARK IN RED AREAS SHOWN. NO PARKING IN BLACK CROSSED AREAS PLEASE, ACCESS REQUIRED AT ALL TIMES. THANK YOU 🤖

**First aid**

Our first aid cover will be provided by Medics UK. They will be present at the start/finish area, and they will also have a first aid station at Gillamoor chapel. In addition, there will be mobile first aiders from Ryedale Velo Club around the course on their cycles!

**Headphones**

Our races are licensed by England Athletics, and in accordance with their regulations, ONLY bone conducting headphones can be worn in any of the races.

PLEASE DO NOT USE ANY OVER THE EAR OR IN EAR HEADPHONES AS YOU WILL BE DISQUALIFIED.

### **Water**

There are 2 water stations around the route. The first is at the village of Gillamoor (4KM), and the second is at Hagg Road (7KM). There will also be a water station at the finish. The water will be provided to you in a paper cup, to avoid using plastic bottles. If you have your own running cup or bottle, please consider bringing it, and it will be filled for you at our water stations. Our water is kindly provided to us by the Spar store in Kirkbymoorside.

There will be large bags just past the water stations. Please throw your cups into these, so that they can be recycled.

### **Toilets**

Public toilets are located in Town Car Park, Kirkbymoorside.

### **Other events on the day**

The Beadlam charity tractor run is in aid of Yorkshire Air Ambulance, and will come down the main street in Kirkbymoorside at around 11.45, accompanied by the fantastic Kirkbymoorside Town Brass Band. It is definitely worth arriving in time to see the run of over 150 tractors, most of them amazingly vintage, and some of them modern beasts!

Kirkbymoorside has loads of cafes, pubs and shops, and there are usually a few stalls on race day too, so please come and support our community by buying local.

This year we have some extra added fun on the course to help get you round. The Plough at Fadmoor - star of "Our Yorkshire Pub Rescue" on More 4 - will be running a BBQ and pop-up bar at the pub in Fadmoor from 11.30 to 5pm (food served from 11.30-2pm), with music from Oz Ward from 2pm to encourage those running the 10k. Plus, for anyone coming to watch the Beadlam Charity Vintage Tractor Run earlier on that day, why not stay and enjoy a BBQ lunch at The Plough and encourage the 10k runners when they come past.

For further information visit their website – [theploughfadmoor.co.uk](http://theploughfadmoor.co.uk)

If you or your supporters decide to visit The Plough, please note that road restrictions are in place from 12.20 – 3.30pm. So, arrive early and/or stay late.

There will be road closures in place on race day, and we want to keep everyone safe, so please ask your supporters **NOT** to look for you at any location along the route in their cars.

If you have any questions on the day, please ask any of our friendly volunteers, who will be wearing hi-vis vests.

If you would like to check out the routes in advance, have a look at the maps and Strava links on our website. Maps will also be on display during registration.

Please help us to keep this amazing event going by spreading the word, and by liking our Facebook page:

[https://www.facebook.com/kirkbymoorside10k/?locale=en\\_GB](https://www.facebook.com/kirkbymoorside10k/?locale=en_GB)

It's also a great way for us all to keep in touch, and to share our photos of the day. Please leave us any feedback that you have, be it good or constructive (!). Our event is organised entirely by volunteers, so please be kind with comments on anything that you feel needs improvement 😊.

### Prizes for all races

<b>PRIZE CATEGORIES - PRESENTED ON RACE DAY</b>
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<b>10K</b>
1st male
1st female
2nd M
2nd F
3rd M
3rd F
1st < 18 M
1st < 18 F
1st 40+ M
1st 40+ F
1st 50+ M
1st 50+ F
1st 60+ M
1st 60+ F
1st 70+ M
1st 70+ F
1st local M
1st local F
10 random local winners: Manh Ley vouchers

<b>PRIZE CATEGORIES - TO COLLECT FROM KMS SCHOOL OR CAN BE POSTED</b>
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<b>4K</b>
Year 7/8 2nd boy
Year 7/8 2nd girl
Year 7/8 3rd boy
Year 7/8 3rd girl
Year 9/10 2nd boy
Year 9/10 2nd girl
Year 9/10 3rd boy
Year 9/10 3rd girl
Year 11 2nd boy
Year 11 2nd girl
Year 11 3rd boy
Year 11 3rd girl

<b>1 MILE</b>
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2nd year 3 & under boy
2nd year 3 and under girl
3rd year 3 & under boy
3rd year 3 and under girl
2nd year 4 boy
2nd year 4 girl
3rd year 4 boy
3rd year 4 girl
2nd year 5 boy
2nd year 5 girl
3rd year 5 boy
3rd year 5 girl
2nd year 6 boy

**PRIZE CATEGORIES - PRESENTED ON RACE DAY**

**4K**

1st M

1st F

2nd M

2nd F

3rd M

3rd F

Year 7/8 1st boy

Year 7/8 1st girl

Year 9/10 1st boy

Year 9/10 1st girl

Year 11 1st boy

Year 11 1st girl

1st team

**1 MILE**

1st year 3 & under boy

1st year 3 and under girl

1st year 4 boy

1st year 4 girl

1st year 5 boy

1st year 5 girl

1st year 6 boy

1st year 6 girl

**DASH**

Medal for every runner

2nd year 6 girl

3rd year 6 boy

**PRIZE CATEGORIES - TO COLLECT FROM**

**KMS SCHOOL OR CAN BE POSTED**

**WINNING TIMES**

10K: All winners will be based on chip times, other than 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> male and female, which will be first over the line.

4K: All winners will be based on chip times, other than 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> male and female, which will be first over the line.

1 MILE: All winners will be based on chip times.

**Our sponsors**

All profits from our event go to local primary schools. We couldn't hold this event without the support of our community, and our local sponsors, and of course YOU! So, we want to say a huge thank you to everyone who runs, volunteers, and sponsors the day. **Check out our fabulous sponsors below.**

**THAT'S IT FOLKS.....LET THE COUNTDOWN  
BEGIN!**

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